FRAMING OURSELVES

WHAT WILL YOU NEED?
3 PIECES OF PAPER, INDEX CARDS, OR CARDBOARD
SCISSORS
PENCIL
RULER
CAMERA

What will you be doing?
By making a few different sized viewfinders and using the concept of zooming in and out, learn about creating a perspective and telling a story through image framing.

🌟 Use the prompts below to help guide you in framing the people around you.
**PART I: ZOOMING IN AND OUT: HELPFUL WORDS TO KNOW**

**Viewfinder:** A viewfinder is a tool you can look through to help find the details of a larger image. A viewfinder can cut away unwanted background images, zoom into an image, or zoom out to help create the story you want to tell.

**Zoom In:** zooming in on the main subject matter to cut away unnecessary or unwanted portions of an image. This can help focus the viewer’s attention and help create a story about the image.

**Zoom Out:** zooming out helps create a wider image, incorporating multiple portions of the image. This can help create a bigger story and paints a full picture for the viewer.

**Composition:** arrangement of people and objects while thinking of the elements of shape, line, color, texture, etc. to help tell a story.

**PART II: FRAMING PEOPLE**

1. Using your ruler, draw a four-inch square in the center of your piece of paper or cardboard.

2. Cut out the square. This is your first viewfinder and will be used for zooming out.

3. Using another piece of paper and your ruler, draw a one-inch square in the center of your piece of paper or cardboard. This will be used for zooming in.

4. If you have a subject, like a friend or family member, ask them to sit while you decide how to pose them. Include any props or objects that you would like to include in your image. Have fun with it!

5. Now that you have your subject posed, take your viewfinders and zoom in and out on your subject until you find a view you like.

6. If you have a camera, take a photo of the image you see in your viewfinder. Zoom in or out on the camera to see the same composition in the camera lens as you do in the viewfinder.

7. If you don’t have a camera, draw what you see in the viewfinder! Tell your subject which area you will be drawing so they make sure to stay still.
If you don’t have a subject, make the subject your neighborhood! Take a walk and use the viewfinders to zoom in and out of things you can find outside. You can use a viewfinder anywhere!

TAKE ANY PHOTOS?

Tag us with #WallachKids for a chance to be featured on our Social Media channels!