

WHAT DOES IT MEAN TO BE INTENTIONAL?

**WHAT
WILL YOU
NEED?**

·
·
·
·
·



ANY ARTMAKING
MATERIALS YOU WANT

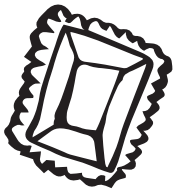
What will you be doing?

Create an artwork that is meaningful to you. It can be a drawing, painting, or poem. Keep the meaning to yourself. When you are finished, share your artwork with a caregiver or friend. What meaning did your artwork bring to them? Was it similar to your intention, or different?



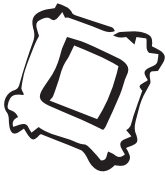
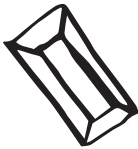
WHAT DOES IT MEAN TO BE INTENTIONAL?

Creating something with intention can mean many different things. It could mean being very mindful of what you are making. It can also mean thinking hard about a time that meant something important to you, and recreating it on the page. As long as your creation has meaning to you, then it is an intentional artwork!



SHARING YOUR ART

Sharing artwork with people in your life can make you feel nervous, and that's okay! Remember that the people you are sharing your artwork with love you and will be supportive of your art.



HERE ARE SOME HELPFUL QUESTIONS TO ASK YOUR FAMILY/FRIEND WHEN SHARING ART:

- What did you notice first?
- Does this remind you of something? What?
- How do you express yourself?
- If you could create something that meant something to you, what would you make?
- Will your artwork tell a story? What story do you want to tell and why?

WANT TO SHARE WITH US?



TAG US #WALLACHKIDS

**WALLACH
ART
GALLERY**

Wallach Art Gallery
Lenfest Center for the Arts
Columbia University
in the City of New York
615 West 129th Street
New York, NY 10027

FIND MORE
ACTIVITY GUIDES HERE:
wallach.columbia.edu/wallach-kids

