

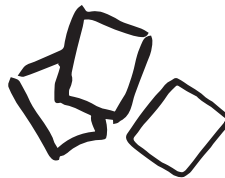
# DESCRIBING OURSELVES

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**WHAT  
WILL YOU  
NEED?**



PENCIL/PEN



PAPER



COLORED PENCILS/  
CRAYONS

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Learn what it means to write a description about yourself. What words do you think of when you think about who you are? How would you describe yourself to someone you've never met?

☆ *Use the prompts below to help guide you.*

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# THINK OF A WORD THAT BEST DESCRIBES YOU

This is your focus word. Then, think of different words that help describe the rest of your wonderful self.

WHAT'S A  
DESCRIPTIVE  
WORD?

We often communicate by describing words using adjectives. Adjectives are words that help us give specific information about a person, place or thing.

We can use our eyes to see how things look, *bright, colorful, dull* or *vibrant*. We can use our hands to touch and feel if things are *slimy, prickly, smooth* or *rough, wet* or *dry*. We can use our hearing to hear if sounds are loud or soft, pitchy or in tune. We can taste if a food is sweet, salty or sour. All of these words help us to describe! **How many descriptive words can you think of?**

## LET'S CREATE!

Take a plain piece of paper and write your focus word in the center.

Think of all the other descriptive words that you connect with. These can be words that best describe who you are, words that make you happy or smile, or words that just make you laugh.

Write all of those special words around your focus word.

Design the page to include other styles of art! Draw pictures, squiggly or straight lines, and use color to communicate your words.

Take inspiration from the artwork of Rosemary Mayer.

**How does Rosemary Mayer use color to communicate?**  
**What words would you use to describe Rosemary Mayer's artwork?**  
**How does Rosemary Mayer use lines in her artwork?**

Leave a word of encouragement for someone. Sometimes, life can feel hard or sad. Words can make other people feel better. Write a word on a note card that makes you smile. These words can be seen by others to help brighten their day. Together, we can make the world a better place with our descriptive words!



**WALLACH  
ART  
GALLERY**

**Wallach Art Gallery**  
**Lenfest Center for the Arts**  
Columbia University  
in the City of New York  
615 West 129th Street  
New York, NY 10027

### SHARE YOUR CREATIONS WITH US

Show us your drawings by posting them on Instagram or Facebook and using the tag **#WallachKids** for a chance to be featured on our Social Media channels!



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